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Pathways

Selecting a Path and Completing Level 1

Educational Program Overview

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Agenda

- Welcome to Pathways
  - Overview
  - Base Camp Managers
- Select your Path
- Level 1 - Deep Dive
  - Accessing Your Path
  - Pathways Enhancements
- Level 1 – Deeper Dive
  - Level 1 Projects
  - Overview of Level 1 Requirements
- Q&A
- Resources

Welcome to Pathways

What is Pathways?

- Toastmasters Official Education Program
- Interactive, flexible
- Strengthens your communication and leadership skills
- Online content, affording you to learn anytime, anywhere
- Helps you grow toward personal and professional success
- Creates real-world, transferable skills

Base Camp Managers

Club Officers responsible for “managing” Pathways

- VPE – Primary Responsible Club Officer
- President and Secretary – acts as directed by the VPE

Pathways

Selecting a Path

Paths Available

- Dynamic Leadership
- Engaging Humor
- Motivational Strategies

TOASTMASTERS
PATHWAYS
learning experience

- Persuasive Influence
- Presentation Mastery
- Visionary Communication

Select Your Path

- Go to: www.toastmasters.org
- Login
- Select MY HOME
- Click on LEARNING HUB
- Click on CHOOSE PATH
  - Your first path is included in your New Member fee
  - All subsequent Paths are $25
- Select your LANGUAGE

Select Your Path

Two ways to select your path

- View all and make a selection… **OR**
- Take the Assessment (preferred)
  - You will receive 2-4 recommendations based on your answers
  - Select the best one for you
  - Confirm and continue

Let’s move on to your first projects

Level 1: Deep Dive

Getting Started

Level 1: Ice Breaker Speech

Login to Toastmasters

☞ Click on the drop-down menu by your name

Go to MY HOME

☞Click on Base Camp tile

Click on your Path

☞Go to Level 1 ICE BREAKER

Table Topics Speaker and Ice Breaker

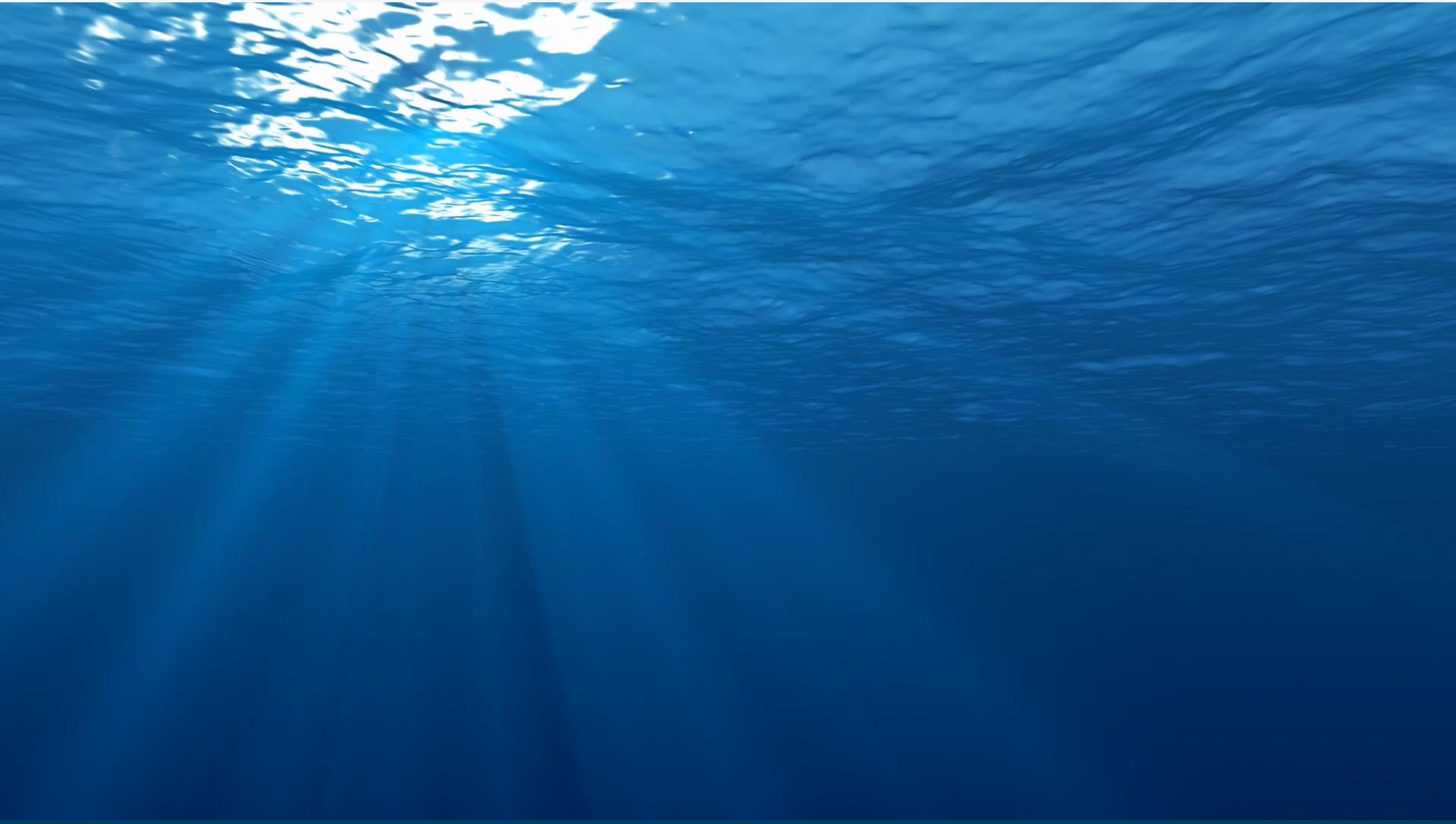
Table Topics Speaker

Volunteer to be a Table Topics Speaker

Record your Table Topics Speaker on the Level 1 Checklist and Completion page

You will need to take this role BEFORE giving your Ice Breaker

Level 1: Deeper Dive



Level 1/ Project 1 - ICE BREAKER

Purpose	**The purpose of this project is to introduce yourself to the club and learn the basic structure of a speech.**
Overview	Write and deliver a speech about any topic to introduce yourself to the club. Your speech may be humorous, informational, or any style that appeals to you. **NOTE:** As you will do an Icebreaker for all Paths, be creative in providing future Icebreakers; remember, your life is filled with stories.
Timing	**4 to 6 minutes**
Competencies Learned	• Recognize the elements of a basic speech structure. • Balance preparation and spontaneity when delivering your speech. • Demonstrate self-confidence when speaking in front of an audience. • Identify your communication and leadership skills. • Recognize communication and leadership skills in need of development. • Define communication and leadership goals.
Complete Your Project	• Be sure to read this section and do the work for each project.
Before You Move On	• This summarizes what you have learned; please read it before moving on.

Level 1 / Project 2 - WRITING A SPEECH WITH PURPOSE

Purpose	**The purpose of this project is to learn the basic methods for writing a speech with a defined purpose and to present a well-organized speech on any topic.**
Overview	Select a topic that appeals to you. It can be anything. Be sure your topic is narrow enough to create and deliver a well-organized speech. Your speech can be persuasive, humorous, information, or crafted in a style that appeals to you and supports your speech content.
Timing	**5 to 7 minutes**
Competencies Learned	• Write an engaging speech on any topic. • Organize a speech clearly to maximize audience understanding. • Establish and fulfill a clear purpose of your speech. • Design and write a speech with meaningful content. • Craft clear and engaging transitions between main sections of your speech.
Complete Your Project	• Be sure to read this section and do the work for each project.
Additional Resources	• **Preparing A Speech**
Before you Move On	• This summarizes what you have learned; please read it before moving on.

Level 1 / Project 3 - INTRODUCTION TO VOCAL VARIETY AND BODY LANGUAGE

Purpose	**The purpose of this project is for the member to practice vocal variety and body language to enhance any speech and to learn or review the importance of vocal variety and body language.**
Overview	Present a speech on any topic at a club meeting. The primary focus of the evaluation is your vocal variety or your body language and gestures. You will identify the skills you are working on for your evaluator before you deliver your speech and be evaluated on those skills.
Timing	**5 to 7 minutes**
Competencies Learned	• Recognize the impact of vocal variety on audience members' reception of a presentation. • Identify changes in pitch, tone, volume, and pace when listening to a speaker. • Use vocal variety to enhance your speech. • Effectively adjust pitch, tone, volume, and pace to emphasize different sections of a speech. • Understand how body language expresses emotion and attitude. • Recognize the body language used when speaking publicly.
Additional Resource(s)	• **Your Speaking Voice** • **Gestures and Body Language**
Complete Your Project	• Be sure to read this section and do the work for each project.
Before you Move On	• This summarizes what you have learned; read it before moving on.

Level 1 / EVALUATION AND FEEDBACK – Part 1: First Speech

Purpose	**The purpose of this speech is for the member to present a speech and receive feedback from the evaluator.**
Overview	Speech 1: Choose any topic for your first Evaluation and Feedback speech. After your speech, carefully review your feedback.
Timing	**5 to 7 minutes**
Competencies Learned	• Understand the need to be open to receiving feedback. • Show respect by staying engaged with the speaker's presentation. • Accept feedback from evaluators. • Acknowledge the importance of being open-minded.

This project has 3 parts that are completed at separate meetings. You will receive an evaluation for each sub-project.

Level 1 / EVALUATION AND FEEDBACK – Part 2: Second Speech

Purpose	**The purpose of this project is to practice applying feedback using the feedback from the evaluator of the first speech given in Part 1.**
Overview	• **Speech 2**: At a future club meeting, present your second Evaluation and Feedback speech. You may create a new speech, revise your first Evaluation and Feedback speech, or present your first Evaluation and Feedback speech again if you are focusing on speech delivery feedback. • Apply Feedback: Your second speech should reflect some or all of the feedback you received after your first Evaluation and Feedback speech.
Timing	**5 to 7 minutes**
Competencies Learned	• Ability to implement feedback in future projects. • Show respect by staying engaged with the speaker's presentation.

Level 1 / EVALUATION AND FEEDBACK – Part 3: Evaluator Role

Purpose	**The purpose of this project is to serve as a speech evaluator during a club meeting and to deliver constructive feedback on another member's presentation.**
Overview	Evaluation: After you have completed both speeches, serve as an evaluator at a club meeting and deliver constructive feedback about another member's presentation. Many members find it beneficial to talk with the speaker before the meeting to discuss what they are looking for in your evaluation. You will receive an evaluation on your role as Evaluator.
Timing	**2 to 3 minutes**
Competencies Learned	• Deliver tactful and constructive feedback. • Use positive language when delivering feedback. • Accept feedback from evaluators on your evaluation. • Implement feedback in future evaluations.
Additional Resource(s)	• **Your First Few Evaluations** • **How to Evaluate**
Complete Your Project	• Be sure to read this section and do the work for each project.
Before you Move On	• This summarizes what you have learned; please read it before moving on.

Overview of Level 1 Requirements

Required Meeting Roles

- Table Topics Speaker (1)
- Speaker (5)
- Evaluator (1)
- Timer or Ah-Counter (1)

Checklist and Completion

Bookmark this page

Level 1 Checklist and Completion

Use the checklist below to track which requirements you've completed as you progress through Level 1. This checklist is for you and can
Camp manager. To provide your Base Camp manager with a record of your completed meeting roles, record your meeting roles and the d
profile on Base Camp.

- [ ] Participate as a Table Topics Speaker (before Ice Breaker)
- [ ] Complete the Ice Breaker project
- [ ] Complete the Writing a Speech with Purpose project
- [ ] Complete the Introduction to Vocal Variety and Body Language project
- [ ] Complete the Evaluation and Feedback project
- [ ] Serve as an Evaluator while completing the Evaluation and Feedback project
- [ ] Complete one additional role: Timer OR Ah-Counter

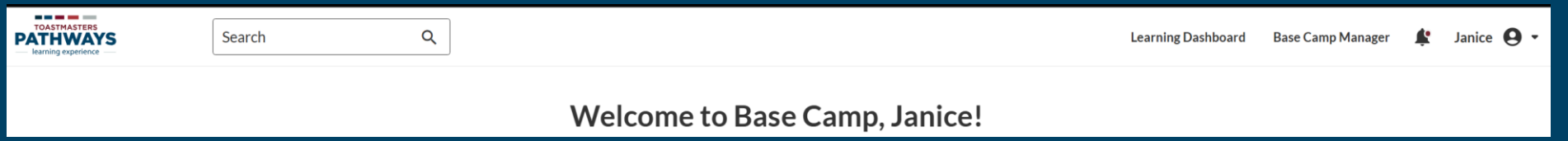
Add new task | Add

**When this checklist is complete, answer the reflection questions below as desired. Then mark this section complete using the C
Requirements button below.**

Reflection Questions

Answer the following questions to review what you have learned.

Logging Meeting Roles into Your Pathways Profile



Meeting Roles

A self-added log of all meeting roles served. To add, click on the pencil icon at the top right.

Ah-Counter	July 3, 2025 ×
General Evaluator	
Grammarian	
Speech Evaluator	July 17, 2025 × August 7, 2025 × September 4, 2025 ×
Timer	
Toastmaster	August 21, 2025 × September 18, 2025 ×
Topicsmaster	

QUESTIONS?

Resources

Resources for Level 1

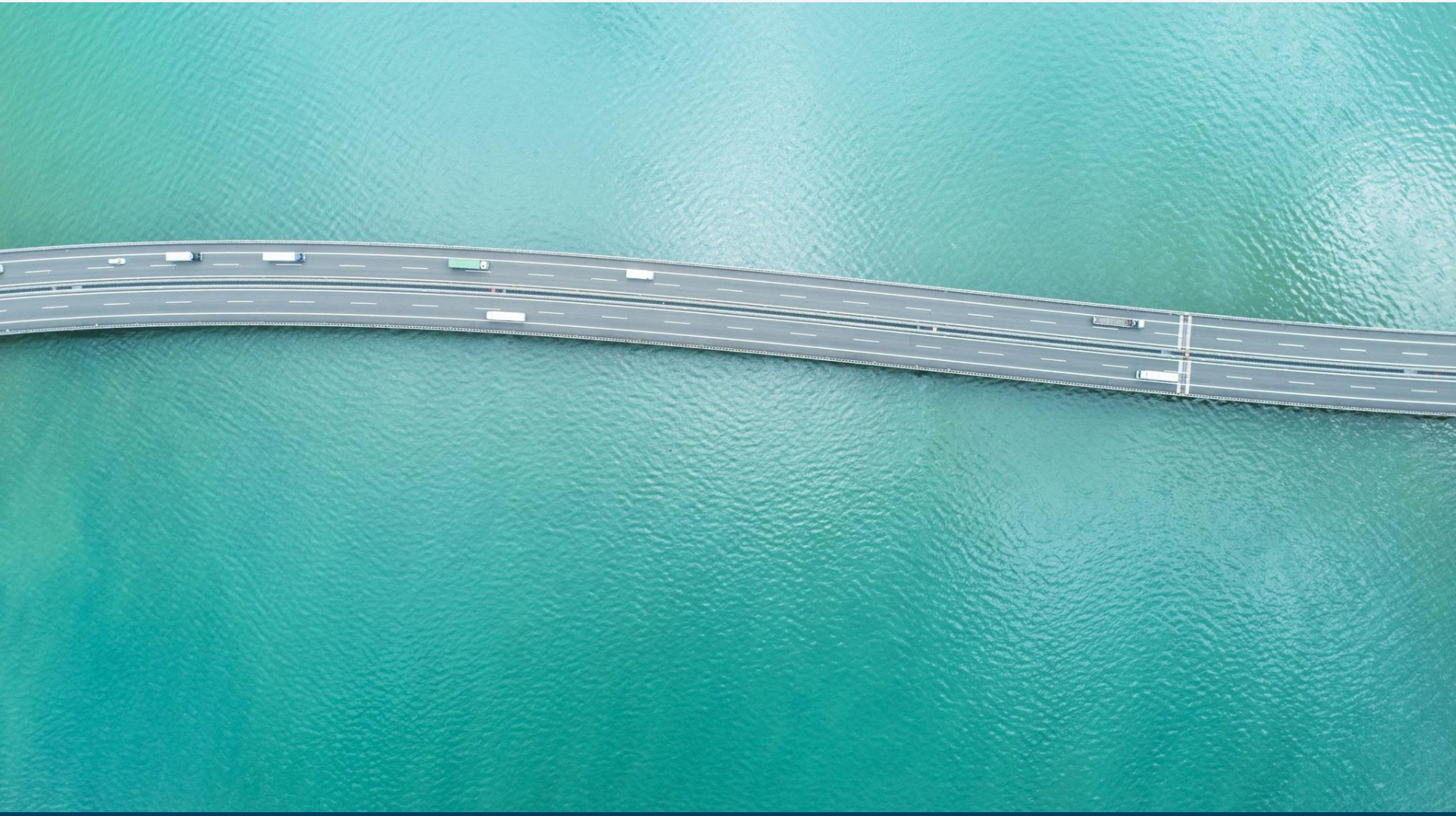
- Toastmasters Club Meeting Roles
  - Timer Script and Log
  - Ah-Counter Script and Log
- Your First Few Evaluations
- How to Evaluate
- Preparing A Speech
- Your Speaking Voice
- Gestures and Body Language

REQUIRED ROLS

Resources for Pathways

- How to Choose a Path
- The Navigator
- Base Camp User Guide
- Base Camp Videos
- Paths and Projects Descriptions
- Paths and Core Competencies
- Pathways Competencies by Path
- Education Program FAQs

Resources for Meeting Roles and Education Series Presentations

- How Club Roles Build Real-World Skills
- Meeting Roles and Scripts
- The Successful Club Series
- The Better Speakers Series
- The Leadership Excellence Series
- Anatomy of a Toastmasters Meeting

Enjoy Your Journey